

Alzheimer's, APOE and Dementia: Helping You Prevent Cognitive Decline

Tom O'Bryan

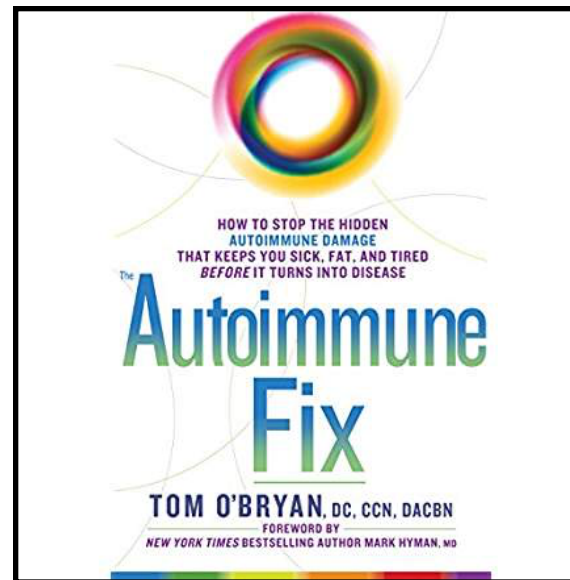
APOE, the gene that indicates susceptibility to cognitive decline such as Alzheimer's, is a scary topic. But the good news is that the science is changing. When you get tested and know whether you have the APOE gene, you are empowered to take steps to prevent it. Tune in for this important talk with Dr. Tom O'Bryan.

APOE Statistics

- 50% of Americans are likely to have Alzheimer's by the age of 85
- Those with one APOE4 gene are 90% likely to develop Alzheimer's by age 85
- Those with two APOE4 genes are 90% likely to develop Alzheimer's by age 65

Resources

- Tom O'Bryan's website: theDr.com
- Books by Dr. Tom O'Bryan
 - [The Autoimmune Fix: How to Stop the Hidden Autoimmune Damage That Keeps You Sick, Fat, and Tired Before It Turns Into Disease](#)



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